

ICE CREAM IN A BAG

A COOL KITCHEN SCIENCE ACTIVITY

INGREDIENTS & SUPPLIES

- 1 gallon-size resealable bag
- 1 pint-size resealable bag
- 1 kitchen towel
- 1/2 cup milk or half-and-half
- 1/4 teaspoon vanilla extract
- 1 tablespoon sugar
- 3 cups ice
- 6 tablespoons rock salt

INSTRUCTIONS

1. Fill the large bag halfway with ice. Add rock salt.
2. Add milk, vanilla, and sugar to the small bag.
3. Seal the small bag tightly. Double-bag to prevent leaks.
4. Place the small bag inside the large bag and seal it.
5. Wrap the bag in a towel and shake for 5–10 minutes.
6. When the mixture is creamy, remove the small bag.
7. Rinse or wipe off the salty water before opening.
8. Scoop, add toppings, and enjoy!



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Adult supervision recommended. Do not eat the ice-and-salt mixture.

