

HOW FRESH IS MY EGG?

THE FARMER'S EGG FLOAT TEST

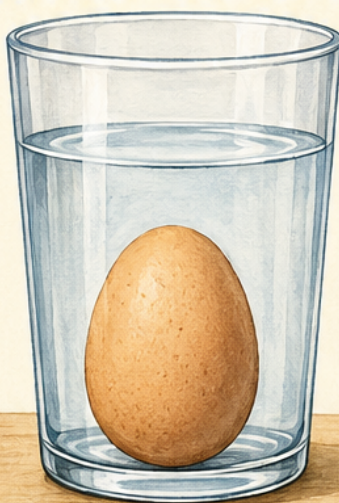
Place an egg gently in a glass or bowl of plain, cool water. Watch how it rests.



LIES FLAT

VERY FRESH

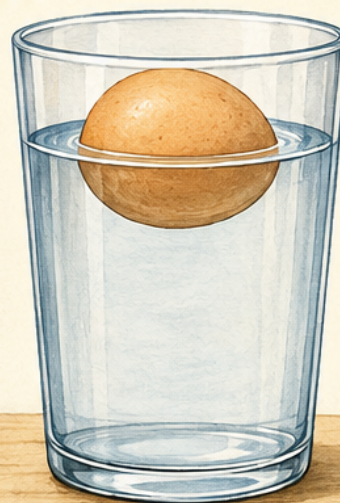
The egg stays on the bottom and lies on its side.



STANDS TALL

OLDER

The egg stays on the bottom but stands upright.



FLOATS

CHECK IT CLOSER

The egg rises because its air cell has grown larger.

REMEMBER THE RULE!
FLAT IS FRESH, TALL IS OLDER,
FLOATING MEANS CHECK IT CLOSER!



WHY DOES IT WORK?

As an egg ages, air enters through tiny pores in the shell. The growing air cell makes the egg more buoyant.



INSTRUCTIONS

- 1 Fill a glass or bowl with plain, cool water.
- 2 Gently place one egg in the water.
- 3 Watch how the egg rests and check the guide above.



IMPORTANT

The float test estimates freshness—not food safety. Crack questionable eggs into a separate bowl. Discard an egg if it has an unpleasant odor or unusual appearance.



Adult supervision recommended.
Wash hands and clean surfaces after handling eggs.



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